

Thank you for your
interest in the 6th annual
Rochester 5K
Run / Walk for Health in
Genesee Valley Park

Spring is coming! Time for the
annual 5K Run for Health and
1K Fun Run for kids, all for a
great cause!

All proceeds from this event will
go directly to UR Well Student
Outreach at St. Joseph's
Neighborhood Center and at
Asbury Methodist Church.

UR Well Student Outreach
provides primary health care to
Rochester's uninsured and
underinsured.

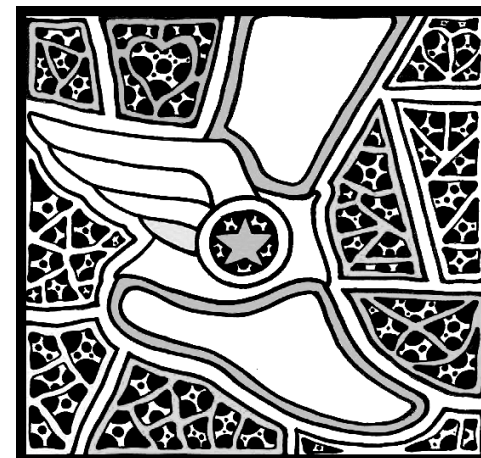
Run for your own health and to
ensure health care for all
members of our community!

Join Us!

Your support is greatly needed, and
your contributions are truly
appreciated.

Pre-register by **Mail**, at **Active.com**
(search "ur well race for health"), or at
Fleet Feet Sports, 2210 Monroe Ave,
Rochester

For questions/concerns, please email:
Chiyo_Takehara@urmc.rochester.edu



Rochester 5K Run for Health Saturday April 17th 2010



UR Well Student Outreach
c/o Chiyo Takehara
URMC Box 446
601 Elmwood Ave.
Rochester, NY, 14642

Please
Apply
Proper
Postage

Rochester 5K Run/Walk for Health

Race Day Information:

Saturday, April 17th, 2010
Race Start: 10 AM
Check-in: 8 – 9:30 AM

Location:

Riverbend Shelter

Genesee Valley Park
 Moore Road, Rochester

Race map available at www.urwell.org

Three Ways to Pre-Register:

1. Mail in the registration fee and this form (or printed from urwell.org) by April 10, 2010.
2. Register at Fleet Feet
 2210 Monroe Ave
 Rochester, NY 14618



Search for event:
 "UR Well Race for Health"
 Event ID 1833602

Or register in person on race day from
 8-9:30 AM

\$15 pre-registration
\$20 race-day registration

After the race, check out

urwell.org for race day photos!

Waiver: In consideration of being permitted to participate in the 5-kilometer UR Well Run/Walk or the 1-kilometer Kids' Fun Run, I hereby for myself, my heirs, and personal representatives assume any and all risks which might be associated with the event. I further waive, release, discharge, and covenant not to sue UR Well Student Outreach, St. Joseph's Neighborhood Center, the University of Rochester or its affiliates, employees, sponsors, organizers, volunteers, or other representatives, or their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered as a result of taking part in the event and related activities. I also agree to the use of any photo, film or videotape of the event for UR Well business purposes.

Name(s) _____ Age _____ Gender _____ T-Shirt (s,m,l,xl) _____ Registration Fee: \$15.00

Address _____ City _____ State _____ Zip _____ Optional Donation: _____ Total: _____

Signature _____ Signature of Adult (if under 18) _____

Please make checks payable to:
 UR Well Student Outreach
Please Mail to:
 UR Well Student Outreach
 c/o Chiyo Takehara
 URM C Box 446
 601 Elmwood Ave., Rochester, NY 14642.

*I am interested in signing my children up for the 1K Fun Run (\$10, race day registration only) _____

Did you know...

1. An estimated 59,000 Monroe County residents have no health insurance!*
2. Almost 70% of these individuals are employed either part-time or full-time!*
3. St. Joseph's Neighborhood Center provides care only to people without health insurance and has over 10,000 patient-visits annually!
4. UR Well is a small branch of St. Joseph's that is run by medical students from the University of Rochester School of Medicine.
5. UR Well recently opened up an acute care clinic at Asbury Methodist Church to assist the homeless population in Rochester.

*Survey of Health Coverage and Access in Monroe County, Harris Interactive Inc. 14 Feb 2001.

Proud to be Supported by:



www.fleetfeet.com

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